

EMERGENCY GRAB & GO BAG

(for 72 hr. period)

- Sheet of paper with Name of person (s) & Emergency contacts
- WATER - suggested is 4 litres per person OR Water Purifier (easy to use)
- Food (ready to eat) - manual can opener
- Flashlight and batteries - or crank type preferred
- AM/FM radio - Crank type preferred
- Medications: make sure to keep current 'non expired'
- Seasonal clothing - especially pocket raincoat & sweater; GOOD footwear
- Blanket - small emergency type or sleeping bag
- Cell phone & cell chargers
- IMPORTANT documents (or copies of): passport, driver's license, ID etc.
- Pen and notepad; playing cards or something for entertainment
- Personal toiletries, incl. toilet paper
- Small First-Aid kit
- Extra pair of glasses or contacts; sunglasses
- CASH in small bills
- Local map with your family meeting place identified - PLAN BEFOREHAND!
- Whistle or air horn to signal for help
- 50 hour candle & waterproof matches
- HELP Emergency Sign & emergency reflective vest
- Dust masks to help filter air
- Garbage bags & moist toilettes and plastic ties for sanitation; duct tape
- Hat, sunscreen, bug repellent

*Keep the bag near main exit

** Keep EXTRA kit in car, especially when travelling a lot

